

2014 DANCE INTENSIVE WITH

Anahid Sofian

guest dancer: **Eva Cernik** percussion: **Richard Khuzami**

Thursday, August 28 – Sunday, August 31, 2014

* **DAILY SCHEDULE** (*The 3 and 4-hr classes include a thorough warmup*) – ALL CLASSES ARE BY APPT. NO WALK-INS

<p>Thursday 8/28</p> <p>ZILLS & RHYTHMS</p> <p>ANAHID SOFIAN WITH RICHARD KHUZAMI</p>	<p>Friday 8/29</p> <p>ALLA TURCA</p> <p>ANAHID SOFIAN</p>	<p>Saturday 8/30</p> <p>THE ART OF FLYING SILK (AM)</p> <p>SIGNATURE MOVES (PM)</p> <p>EVA CERNIK</p>	<p>Sunday 8/31</p> <p>FLOORWORK: SENSUAL, EMOTIONAL AND PHYSICAL POWER</p> <p>ANAHID SOFIAN WITH JEAN MUSACCHIO</p>
<p>2:00 – 5:00 pm</p> <p>Anahid's comprehensive zills & rhythms workshop will focus on technique during the first half:</p> <ul style="list-style-type: none"> • Zill Drills for clarity, speed and proficiency • Overview of essential dance rhythms • Patterns and sound variations to add texture & rhythmic depth to a performance • Coordination with movement, including traditional rhythmic patterns, plus exciting variations, <i>i.e.</i> syncopation, contrast, etc. <p>And improvisation to live drumming by Richard Khuzami for the second half</p> <p>Please bring 2 sets of zills: your best set and also a lighter set to give the hands a rest</p>	<p>10:00 am – 1:00 pm</p> <p>Turkish Beats: Chifte Tellî and 2/4 Rhythms</p> <p>Working with the world class Turkish dancers who dominated the scene in NYC during the Sixties, Anahid has preserved and still teaches their high energy and distinct style of dance, improvisational in nature, with strong gypsy influences and an emphasis on creative zillwork. This workshop will focus on Turkish Gypsy Chifte Tellî variations and the lively 2/4 rhythm used for an entrance dance.</p> <p>2:00 – 4:30 pm</p> <p>Karshilama: The Ultimate Finale Dance</p> <p>The afternoon will be devoted to the exciting 9/8 rhythm, and Anahid will recreate a number from the Company repertory to one of her favorite Karshilama songs, "Dale Dale"</p>	<p>11:00 am – 2:00 pm</p> <p>The Art of Flying Silk</p> <p>Eva's specialty since she first touched a silk veil. To her, it is an extension of the dancer and shows the lines of movement and fills spaces that she cannot reach. The veil dancer creates the mood of her dance with kinetic drapes & wraps, and by forming shapes in flight, expanding and creating flowing progressions from simple moves to the complex. Please bring a light silk veil, with no decoration or trim, 3 or 3+ yards., 45" wide. Some Turkish veils for sale at class & some to loan.</p> <p>3:00 – 5:30 pm</p> <p>Signature Moves</p> <p>Strings of moves that Eva has carefully cultivated through the years and loves to find places in the music to include them in her dances. Some are moves you may recognize, but with transitions adapted in Eva's unique style. Eva looks forward to this opportunity to teach from her inner repertoire, and passing on these moves to dancers with an open mind and a creative spirit!</p>	<p>10:00 am – 2:00 pm</p> <p>Class will explore a wide range of expressive movements, from standing descents to the floor, including the Turkish drop, to stationary movements on the knees (pivot turns, lunges), traveling on the knees (the Pull/Glide, Knee Walks, Knee Slides), arches and flatback sequences. There will be a careful development of the technique to avoid injuries, and all can work at their own pace and capability. Class will provide stretches and a thorough warmup.</p> <p>Please bring knee pads and/or over-the-knee leg warmers; also socks with the toes cut out to protect the tops of the feet. We will have a few leg warmers to loan. Anahid will show video clips of performances if time allows.</p>
	<p>7:30 – 10:00pm JeBON GALA PARTY</p>		

* *Daily rates available if space permit*

RATES AND FULL BROCHURE AVAILABLE UPON REQUEST

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